



# International Association for Human Caring

[www.humancaring.org](http://www.humancaring.org)

## 41st Annual IAHC Conference

1<sup>st</sup> Virtual On-Demand Format

### Linking Theory to Caring Practice and Practice to Caring Theory

Date October 19, 2020 - November 17, 2020

Continuous On-Demand Access

#### Keynote Speakers:

**Arne Wilhelm Rehnfeldt**

Linking Theory to Caring Practice and Practice to Caring Theory

**Lena Wiklund Gustin**

Integrating Caring Science Theory with Practical Skills Training in  
Nursing Education

[www.humancaring.org](http://www.humancaring.org)

Approved for 13.5 Contact Hours by Florida Atlantic  
University, Christine E. Lynn College of Nursing

Florida Atlantic University, Christine E. Lynn College of Nursing is approved as a provider of continuing education

in nursing by the Florida Board of Nursing.

## President's Message



Dear IAHC Conference Attendees,

Welcome to our first virtual conference! While we are sad to not have had the privilege of presenting in Bergen, Norway, as originally planned, we are happy to have reorganized ourselves to present much of the Bergen content within this current virtual conference. This would not have been possible without the flexibility of all the presenters, the adaptation of moderators, and work of the IAHC Board. A special and big thank you goes out to the education committee led by Dr. Shirley Gordon, Past President of IAHC. Within this acknowledgement is the recognition of Dr. Gordon's hard work and collaboration with all, including our Business Association Manager, Peter Metsker.

The presentations within the virtual conference capture our theme: ***Linking Theory to Caring Practice and Practice to Caring Theory***. This linkage begins with our Keynote speakers Dr. Arne Wilhelm Rehnfeldt and Dr. Lena Wiklund Gustin and followed up by the conferences 26 pre-recorded video presentations in practice, education, and research.

Within the next few pages of this brochure, we include the titles and time for each presentation as well as new opportunities for you within IAHC. We are so pleased to announce how we continue to expand our dissemination of caring science by building on our journal's success, the International Journal for Human Caring. Our journal is published by Springer. We hold journal club sessions each month to highlight a selected article from the journal, with two author presentations to accommodate schedules around the globe. Our attendance since our inaugural club in March has grown to over 200 attending each month. The discussion is riveting, and recordings of each club meeting is available to members on our organization's website. Read about this more in our brochure.

We have had many challenges as an organization this year, but the adaptability of the organization and caring community has made 2020 not only one of the most memorable years in our organization's history, but I think it will prove to be one of the most fruitful in disseminating concepts of caring. More importantly, we have witnessed how despite challenges, our community is able to care for each other and work together to advance the linkage between caring theory and practice.

We look forward to hearing from you after you've attended the conference as we prepare for our 2021 conference which will also be virtual! What was it you appreciated most? What was a need we might have missed? Your engagement and reflections are appreciated and essential to help us refine the processes of caring we strive for within IAHC.

John Nelson, PhD, MS, RN

A handwritten signature in black ink that reads "John Nelson". The signature is written in a cursive, flowing style.

IAHC President  
CEO, Healthcare Environment

# Linking Theory to Caring Practice and Practice to Caring Theory

The 2020 IAHC conference is focused on linking human caring theory with caring practice. Multidisciplinary scholars from around the world present groundbreaking research grounded in human caring theory and provide exemplars of the integration of human caring in research, practice and education.

The conference includes 23 prerecorded video presentations: 2 keynote presentations, 20 podium and 1 symposium. Nurse participants earn 13.5 CEs.

Upon completion of the conference, participants will be able to describe:

1. The integration of human caring theories into practice.
2. Educational approaches grounded in theories of human caring.
3. Research grounded in theories of human caring.

## What to expect:

We invite you to register for the conference online at <https://www.humancaring.org/> Registration is available through November 10, 2020.

Registration fees:

- \$140 IAHC Members
- \$70 Students
- \$210 Non-IAHC Members

If you are not a member, we invite you to visit the IAHC Website for more information:

<https://www.humancaring.org/Membership-join-us>

Following registration, you will receive an email with links to continuous on-demand access to all conference videos and the conference evaluation. Click on the title of the individual presentations to open the video recordings.

The conference video presentations will be available from **October 19, 2020 through November 17, 2020**. You can watch the videos in any order.

To earn 13.5 contact hours, you must watch all videos and complete the evaluation.

The conference closes on November 17, 2020. Evaluations must be completed by **November 23, 2020** to earn CEs.

# IAHC Leadership

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## **President**

### **John Nelson, PhD, MS, RN**

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**International Journal for Human Caring - Editor  
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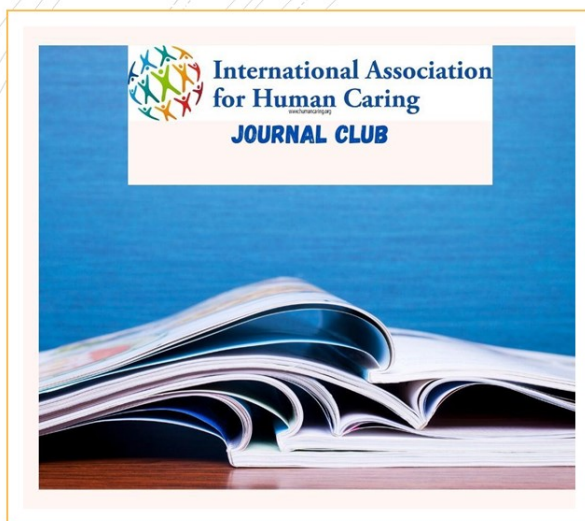
## International Journal for Human Caring



Edited by: Zane Robinson Wolf, PhD, RN, FAAN

<https://www.editorialmanager.com/humancaring/default.aspx>

- Established in 1997, the International Journal for Human Caring (IJHC), the official journal of the International Association for Human Caring (IAHC). IJHC is a peer-reviewed journal which serves as a scholarly forum for:
- Identifying major philosophical, epistemological, and professional dimensions of care and caring to advance the body of knowledge of human care.
- Disseminating research findings about caring and sharing knowledge through publications, public forums, and research conferences.
- Authors from all disciplines are encouraged to submit manuscripts.
- Springer Publishing has supported the success of the *International Journal for Human Caring*, thus assuring the journal's continued success. The association appreciates Springer Publishing's commitment to disseminating the work of caring in health care throughout the world.



## Virtual Journal Club

<https://www.humancaring.org/page-18143>

The Virtual Journal Club is a learning and networking opportunity offered by IAHC twice a month. It is free and open to everyone! Articles published in the International Journal for Human Caring are selected to represent a variety of practice, education, research and theory topics of interest to IAHC members.

**Presenters:**

- Share article in a Zoom meeting, moderated by a member of the IAHC Education Committee.

**Participants:**

- Receive access to a full text pdf of the selected article.
- Have the opportunity or discuss the article with the author(s) and other participants.
- Earn a certificate of attendance for 1.5 hours after completing the program evaluation. Note: The certificate may not meet all professional continuing education requirements.

IAHC members have access to recorded Journal Club Sessions on the members only section of the IAHC website.

## **2020 Conference Planning Committee**

**Shirley Gordon**

**Arne Wilhelm Rehnsfeldt**

**John Nelson**

**Colleen Maykut**

**Jan Anderson**

**Kathy Sitzman**

### **Abstract Peer Reviewers**

**Special thanks to our 72 peer reviewers!  
IAHC's rigorous review process requires at least 2 peers  
critically review each abstract using established criteria.**

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# Keynote Speakers

**Arne Wilhelm Rehnsfeldt**

**Linking Theory to Caring Practice and Practice to Caring Theory**



Dr. Arne Rehnsfeldt is a Swedish registered nurse and doctor in health sciences at Åbo Akademi University in Finland which has caring science as the main discipline. He is also a professor emeritus in nursing science at Western Norway University of Applied Sciences where he served for the last 11 years. As a professor emeritus, Dr. Rehnsfeldt continues his work to develop clinical caring science as a scientific discipline and teach caring and caring science, in the heritage of Professor Katie Eriksson.

Dr. Rehnsfeldt's areas of research include caring in life decisive circumstances in context of disasters and dignity in elderly care. He has published three books in Swedish and many peer reviewed book chapters and international scientific articles.

**Lena Wiklund Gustin**

**Integrating Caring Science Theory with Practical Skills Training in Nursing Education**



Dr. Lena Wiklund Gustin is a registered nurse with specialization in psychiatric and mental health care. She has also a license in cognitive psychotherapy as well as a MSc in CBT and supervision. Her main focus in practice as well as research and education is Caring Science. She has a PhD in Caring Science from Åbo Academy University in Finland and has also undergone the Caritas Coach Education at Watson Caring Science Institute. She is currently working as a professor in nursing at UiT/The arctic university of Norway, and at Mälardalen University in Sweden where she is responsible for the specialist education in psychiatric and mental health nursing care.



**2020 IAHC Virtual Conference on Demand**  
**Linking Theory to Caring Practice and Practice to Caring Theory**  
 24 Presentations / 13.5 Contact hours  
 You must watch all videos to receive CE Certificate

**Keynote Speakers**

Presenter	Email	Title	Theme	Moderator /Time
Arne Wilhelm Rehnsfeldt	<a href="mailto:arne.rehnsfeldt@hvl.no">arne.rehnsfeldt@hvl.no</a>	Linking Theory to Caring Practice and Practice to Caring Theory	Keynote	Self 30 minutes
Lena Wiklund Gustin	<a href="mailto:lana.wiklund@mdh.se">lana.wiklund@mdh.se</a>	Integrating Caring Science Theory with Practical Skills Training in Nursing Education	Keynote	Self 60 minutes

**Practice**

Presenter	Email	Title	Theme	Moderator /Time
Dawn Hawthorne Shirley Gordon	<a href="mailto:dhawthorne@health.fau.edu">dhawthorne@health.fau.edu</a>	Increasing the visibility of spiritual care	Practice	Charlotte Barry 30 minutes
Frances Gay Pia-Acuña	<a href="mailto:fglpla@yahoo.com">fglpla@yahoo.com</a>	Violence in the Workplace: Nurse's Lived Worlds	Practice	Dawn Hawthorne 30 minutes
Joseph Giovannoni	<a href="mailto:josephgiovannoniinc@gmail.com">josephgiovannoniinc@gmail.com</a>	Caritas Passage Through Cancer	Practice	Colleen Maykut 30 minutes
Dianne McAdams-Jones	<a href="mailto:dianne.mcadams-jones@uvu.edu">dianne.mcadams-jones@uvu.edu</a>	When Caring is Beyond Ourselves	Practice	Colleen Maykut 30 minutes
Jane Sumner	<a href="mailto:janesumner23@yahoo.com">janesumner23@yahoo.com</a>	The Patient: The Central Focus of Caring in Nursing	Practice	Colleen Maykut 30 minutes
Zahra Rahemi	<a href="mailto:zrahemi@clemson.edu">zrahemi@clemson.edu</a>	Culturally Congruent Care, End of Life, Planning	Practice	Shirley Gordon 30 minutes

Zahra Rahemi	<a href="mailto:zrahem@clemson.edu">zrahem@clemson.edu</a>	<b>End-of-Life Care Planning Through a Caring Theory Lens</b>	Practice	Shirley Gordon 30 minutes
Nancy Harris Kathi Harvey Shirley Gordon	<a href="mailto:harrisn@health.fau.edu">harrisn@health.fau.edu</a>	<b>Caring for Persons and Environment: Response to Harmful Algae Blooms</b>	Practice	Shirley Gordon 30 minutes
<b>Education</b>				
<b>Presenter</b>	<b>Email</b>	<b>Title</b>	<b>Theme</b>	<b>Moderator /Time</b>
Alme Maria/Line Giusti	<a href="mailto:LineMerete.Giusti@bergen.kommune.no">LineMerete.Giusti@bergen.kommune.no</a>	<b>Physiotherapy and Refugees Education Project</b>	Education	Shirley Gordon 30 minutes
Claire Mallette	<a href="mailto:cmallett@yorku.ca">cmallett@yorku.ca</a>	<b>Caring Science Curriculum and the Robot Revolution: Call to Action</b>	Education	Dawn Hawthorne 30 minutes
Gayle Casterline	<a href="mailto:gcasterline@Gardner-Webb.edu">gcasterline@Gardner-Webb.edu</a> >	<b>Human Flourishing: A Graduate Course on Holistic Practices for Self-care</b>	Education	Jan Anderson 30 minutes
Kelly Dyar (2 presentations)	<a href="mailto:kdylar@westga.edu">kdylar@westga.edu</a>	<b>Caring for Self and Others: A First-Year Seminar</b>	Education	Lynne Wagner 30 minutes
Kelly Dyar	<a href="mailto:kdylar@westga.edu">kdylar@westga.edu</a>	<b>Revitalizing a Caring Science Curriculum</b>	Education	Lynne Wager 30 minutes
Karen White-Trevino <b>Veronica Rosa</b>	<a href="mailto:kwhitetrevino@uwf.edu">kwhitetrevino@uwf.edu</a> >	<b>Caring Micro-Practices to Advance Caring Science Among Nurse Faculty</b>	Education	Lisa Wiese 30 minutes
Beth King	<a href="mailto:bking@health.fau.edu">bking@health.fau.edu</a>	<b>A Simulation Educational Model Grounded in Caring Science: RNs in Primary Care</b>	Education	Colleen Maykut 30 minutes

## Research

Presenter	Email	Title	Theme	Moderator /CE Time
Rita Solbakken	<a href="mailto:rita.solbakken@nord.no">rita.solbakken@nord.no</a>	<b>Clinical presence in Nordic municipal healthcare-visions for change in nursing leadership</b>	Research	Shirley Gordon 30 minutes
Katrine Staats	<a href="mailto:Katrine.Staats@uib.no">Katrine.Staats@uib.no</a>	<b>Patient and Informal Caregiver Participation in Palliative Care Research (PAICPAIR) Part 1</b>	Research	Lisa Wiese 30 minutes
Jane Flanagan	<a href="mailto:flanagj@bc.edu">flanagj@bc.edu</a>	<b>The testing of a Health-coached walking program in caregivers of persons with dementia</b>	Research	Marlaine Smith 30 minutes
Sidsel Ellingsen Sigrunn Drageset	<a href="mailto:Sidsel.Ellingsen@vid.no">Sidsel.Ellingsen@vid.no</a>	<b>The impact of time and time pressure on health care</b>	Research	Colleen Maykut 30 minutes
Lida Nikfarid	<a href="mailto:l.nikfarid@sbmu.ac.ir">l.nikfarid@sbmu.ac.ir</a> >	<b>Human as an embodied spirit": A middle range nursing theory for caring &gt; practice based on Iranian mysticism and wisdom</b>	Research	Jan Anderson 30 minutes
Danielle Leone-Sheehan	<a href="mailto:dleonesh@endicott.edu">dleonesh@endicott.edu</a>	<b>Theory in Practice: ICU Nurses' Experiences of Caritas Process Three</b>	Research	Shirley Gordon 30 minutes
Kenneth Oja John Nelson Dawna Cato Sebahat Gözüm	<a href="mailto:jn@hcenvironment.com">jn@hcenvironment.com</a>	<b>Testing an International Model of Caring Science</b>	Research Symposium	Patricia Thomas 1 hour 30 minutes

## ***Congratulations IAHC 2020 Scholarship and Award Recipients***

**2021 Scholarship/Award Application due date available online:**

<https://www.humancaring.org/Scholarships>

<p><b>Leininger Culture Care Scholarship Award</b>          Donor: Marilyn Ray, N, PhD, CTN-A, FSfAA, FAAN and FESPCH (hon.)</p>	<p>Sebahat Gözüm          Junhel Dalanon</p>
<p><b>Jean Watson Scholarship</b>          Donor: Jean Watson, PhD, RN, FAAN</p>	<p>Housseem Eddine Ben Ahmed           Tara Weston           Jacqueline Brown</p>
<p><b>Droesbeke Caring Award</b>          Donor: Marilyn Ray, N, PhD, CTN-A, FSfAA, FAAN and FESPCH (hon.)</p>	<p>Michèle Desmarais           Freslyn Lim-Saco           Ondin Galiano</p>
<p><b>Parker &amp; Barry Community Caring Award</b>          Donor: Charlotte Barry, PhD, RN, FAAN</p>	<p>Rita Solbakken           Dawn Taylor</p>
<p><b>Boykin and Schoenhofer' s Nursing As Caring Award</b>          Donors: Anne Boykin, PhD, RN          Savina Schoenhofer, PhD, RN</p>	<p>Claire Mallette</p>
<p><b>Justin Z. Goldin Student Caring Science Award</b>           Donor: Marlienne Goldin DCS, RN, BSN, MPA, Caritas Coach, CNML</p>	<p>Rebecca Leach          Toqa Alanbry</p>
<p><b>IAHC Student Award</b>           Donor: IAHC</p>	<p>Rodenick N. Agtarap</p>
<p><b>The Vicente Teves Locsin, Jr. Award</b>           Donor: Rozzano Locsin, PhD, RN, FAAN</p>	<p>Feni Betriana</p>

## Many Thanks to Our Scholarships and Awards Donors

If you would like to Sponsor a Scholarship or Award, please contact Beth Olafson at  
[scholarships@humancaring.org](mailto:scholarships@humancaring.org)

### Support for IAHC Conference Attendance

<b><i>Leininger Culture Care Scholarship Award</i></b> Donor: Dr. Marilyn Ray	The award is focused on culture care/caring to encourage attendance at the annual research conference and to enhance understanding of cultural caring.
<b><i>Droesbeke Caring Award</i></b> Donor: Dr. Marilyn Ray	The focus of this award is to encourage international student attendance at the annual research conference and to promote understanding of caring as the essence of nursing.
<b><i>Jean Watson Student Award</i></b> Donor: Dr. Jean Watson	The focus of this award is to encourage student attendance at the annual research conference to enhance understanding of caring in nursing practice, education or research.
<b><i>Parker &amp; Barry Community Caring Award</i></b> Donor: Dr. Charlotte Barry	The focus of this award is to encourage attendance at the annual research conference to enhance understanding of caring science in community nursing practice, education or research. The award is open to students, practitioners, researchers or faculty members.
<b><i>Boykin and Schoenhofer's Nursing as Caring Award</i></b> Donors: Dr. Anne Boykin and Dr. Savina Schoenhofer	The focus of this award is to encourage student, practitioner, researcher or faculty attendance at the annual research conference to advance understanding of caring science and nursing practice illuminated by the theory of Boykin & Schoenhofer's Nursing as Caring.
<b><i>Justin Z. Goldin Student Caring Science Award</i></b> Dr. Marlienne Goldin	The focus of this award is to encourage student participation at the Annual IAHC Conference, and to enhance understanding of caring in nursing practice, education and research.
<b>IAHC Student Award</b> Donor: IAHC	The focus of this award is to provide financial support to a student of nursing in an accredited college, or University pursuing a Baccalaureate, Master's Degree, to attend the Conference.

### Support for Conference Attendance & Theory Based Research

<b><i>The Vicente Teves Locsin, Jr. Award for Research and Scholarship in Nursing</i></b> Donor: Dr. Rozzano Locsin,	The focus of this award is to assist attendance at the annual conference of the International Association for Human Caring and to enhance the understanding and scholarship of nursing through caring and technology in education, research, administration and practice.
<b><i>Shirley C. Gordon Award Theory of Shared Vulnerability Award</i></b> Donor: Dr. Shirley C. Gordon	The focus of this award is to assist attendance at the annual conference of the International Association for Human Caring and to enhance the understanding and scholarship of caring science facilitated by the Theory of Shared Vulnerability.

**Save the Date 2021**  
**IAHC Virtual**  
**Conference!**

Theme: Exploring Inclusive and Diverse  
Caring in Healthcare and Beyond

Calls for abstracts coming soon  
Conference available online in June of 2021

**Save the Date 2022**  
**IAHC Hybrid**  
**Conference!**

Both in-person and virtual offerings

In-person conference June 9-11, 2022.  
Hosted by Charles R. Drew University: [www.cdrewu.edu](http://www.cdrewu.edu)  
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Scholar

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## Watson's Caring in the Digital World



### SELF-PACED, INDEPENDENT STUDY

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TWO SESSIONS AVAILABLE ANNUALLY IN  
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Kathleen Sitzman, PhD, RN, CNE, ANEF,  
FAAN, Distinguished Watson Caring Science  
Scholar

Learners will be introduced to Watson's Caring Theory and how it can be implemented in digital communications with students, colleagues, and others. Exploration and learning related to key concepts will be supported through the introduction of mindfulness practices, reflective narrative, and contemplative art.

For more information and instructions for how to enroll go to: <https://www.caringsciencemindfulpractice.com/watsons>

## Sponsors



Watson Caring  
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## **Journal of Art and Aesthetics in Nursing and Health Sciences**

<https://jaanhs.org/>

**Editor:** Charlotte D. Barry, PhD, RN, NCSN, FAAN

**Associate Editors:** Beth M King, PhD, APRN, PMHCNS-BC, PMHNP-BC & María de los Ángeles Ordóñez, DNP, APRN, GNP-BC, PMHNP-BC, FAAN

The Journal is a multi-media forum dedicated to sharing exquisite, original expressions of caring by all persons across the horizon of health care disciplines (nurses, physicians, social workers, etc.) We invite you to browse our website to learn more about the Journal and consider submitting your own aesthetic creation.



# Caring Science, Mindful Practice

Kathleen Sitzman, PhD, RN, CNE, ANEF, FAAN, Distinguished Watson Caring Science Scholar



This course provides tools for caring professionals to enhance professional care practices in everyday work environments. Learners will be introduced to Watson’s Caring Science. Exploration and learning related to key concepts will be supported through the introduction of mindfulness practice, reflective narrative, and contemplative art. Asynchronous discussion, moderated by a team of educators knowledgeable in Caring Science will provide a forum for ongoing

Interaction and discovery among participants during each 4-week class session. Certificates of completion will be earned by participants who complete the course learning modules.

There are no required “meeting” times for this course. Each participant is asked to follow the course calendar in terms of due dates but otherwise participants may log in and review the materials each week when they can fit it into their schedule. They are also asked to participate in asynchronous discussion boards during the time blocks indicated on the course calendar but there are no specific meeting times due to the broad range of time zones that students in the course typically come from. There is a lot of asynchronous interaction between course instructors and participants, people from all over the world share their thoughts about caring in their lives and work. I hope you and your colleagues will join us.

<https://www.caringsciencemindfulpractice.com/caring-science-mindful-practice>

## Sponsors



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**Notes:**

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